

QUEST Student Checklist:

We will be in the field for the entire two weeks of the field school sleeping in tents near the beach. We have water, but no clothes washing machine or laundry facilities available. Pack light, but thoroughly, and **label all personal gear** as there are a lot of people at QUEST and most dive equipment, laptop chargers, cables, etc. look the same without a label.

Dive Equipment

Label each piece of equipment before you arrive.

Required Items:

- Mask
- Snorkel
- Open-Heel Fins (aka Heel-Strap Fins)
- Booties (Felt Sole Required)
- Gloves
- BC
- Regulator w/Alternate Air Source (Octo), and SPG (Cylinder Pressure Gauge)
- Dive Computer or Dive Watch w/ Analog Depth Gauge
- Compass
- Weight belt or BC weight pockets
- Weights
- Cutting Device (knife or shears)
- Full Wetsuit (no "Shortie" style wetsuits)
- Hanger(s) for wetsuits
- Beach Towel

Personal Save-A-Dive Kit Items:

- Spare Mask Strap
- Spare Alternate Air Source (Octo) holder
- Spare Snorkel Keeper
- Spare Regulator Mouthpiece w/ Zip Tie
- Spare Fin Strap / Buckle (if not using spring straps)
- Spare Dive Computer Battery (if using a dive computer)
- Spare Weight Belt Buckle (if using a weight belt)

Optional Items:

- Equipment Bag
- Rash Guard
- Mask Defog
- 2-3 mm Neoprene Hooded Vest (for additional warmth if diving a 3mm wetsuit)

Classroom Supplies

- Calculator
- Notebook paper
- Pencils/ pens
- USB Pen drive or flash drive

Housing needs for field camp

- Sleeping bag
- Sheet (it can get warm at night)
- Pillow
- Sleeping pad (air mattress)
- Bath towel (2-3)
- Washcloth (2-3)
- Flashlight (extra batteries)

Personal Items

- Toothbrush/ toothpaste
- Soap
- Shampoo
- Sunscreen
- Bug repellent
- Medications
- Water bottle
- Travel or regular mug for tea/coffee

Clothing

- Bathing suit
- T-shirts
- Shorts
- Long pants
- Sweatshirt
- Rain jacket
- Sunglasses
- Hat

Required Documents

- Health insurance card
- DAN card
- SCUBA certification card
- Emergency numbers card
- Personal Identification

Optional Items

- Fish and invertebrate ID Books
- Laptop (recommended)
- Vitamins
- Spending money
- Pocket knife